



# REALity

REALISTIC | EQUAL | ACTIVE | for LIFE

## CANADIANS ARE OVERWHELMED BY INFLATION

Each trip to the grocery store or the gas station causes us to go deeper into doom and gloom. Canada is facing the worst price inflation (decline in purchasing power) in the cost of groceries in more than four decades. The situation keeps getting worse. For example, the Canadian Dairy Commission announced in early November that milk prices will go up 2.5%, which amounts to roughly two cents per litre starting February 1<sup>st</sup>, 2023. Altogether, in the total 12 month period, price on milk has increased 13.1% according to Statistics Canada in a release dated November 2, 2022, the price of dried spaghetti has gone up 26% nationwide, potatoes 12%, white bread 13%, ground beef 14%, eggs 17%, and canned soup 30%.

According to a recent survey, the Canadian Hub for Applied and Social Research at the University of Saskatchewan found that nearly 20% of Canadians were reducing meal sizes or skipping meals altogether. A recent report from Food Bank Canada stated that there were nearly 1.5 million visits to food banks in March, 2022, 15% higher than the number of visits in March last year and 35% higher than visits in March, 2019. The report also said that around one third of 500,000 food bank clients are children, who make up about 20% of the country's total population. Hunger among children is a matter that has lasting impacts on their lives.

What's causing this? Former Bank of Canada Governor Mark Carney, when testifying before the Senate Banking Committee on October 20, 2022,

grudgingly admitted that the inflation was caused by domestic policies. This was previously stated by the current Governor of the Bank of Canada, Tiff Macklem, in his speech to the Halifax Chamber of Commerce on Oct 6<sup>th</sup>, 2022 when he admitted that inflation in Canada is home grown. These two bank Governors contradict Trudeau, who insists that inflation in Canada is caused by global factors.

### LIBERAL GOVERNMENT'S UNDISCIPLINED SPENDING

One of the main contributing factors to inflation in Canada has been the Liberal government's uncontrolled spending. Our national debt is \$1.193 trillion and the deficit in the current fiscal year (2022 -23) is projected to be \$36.4 billion.

Even in these difficult economic times, however, the Liberals can't seem to stop spending. On November 3, 2022, Finance Minister Chrystia Free-

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In this season of blessings, we are so grateful for all our readers.

**Have a Merry Christmas and a Happy New Year!**

These past few years have been difficult, and we pray that the coming year brings more certain times for your family.

**We wish you hope for better days ahead.**



land tabled a mini-budget that included \$30 billion in new spending. The budget also promised a further \$44 million for the CBC over a two year period. This grant is in addition to the \$1.4 billion it provides the CBC each year. The explanation for this substantial funding increase to the CBC was to offset “losses related to the Covid-19 pandemic.”

The reality of this expanded funding for the CBC is to permit it to continue to create propaganda and fake news broadcasts that applaud and promote Trudeau’s government.

### **TRUDEAU’S \$6,000 PER NIGHT HOTEL ROOM**

While Canadians experience hardships because of relentless inflation, Trudeau enjoys a life of opulence paid for by the taxpayer. For example, when Trudeau

attended Queen Elizabeth’s funeral, he stayed in the most expensive hotel in London (and London is one of the most expensive cities in the world). He stayed at The Corinthia Hotel, in a three bedroom suite costing \$6,000 per night. He stayed 3 nights. In contrast, US President Joe Biden stayed in London in an unpretentious apartment owned by the US Embassy.

Trudeau was asked during Question Period by Conservative leader, Pierre Poilievre, the names of the persons staying in this costly suite. Trudeau refused to answer the question. Apparently, Trudeau believes that how he spends taxpayers’ money is nobody’s business. It was at this exclusive hotel, two days before the Queen’s funeral that Trudeau insensitively belted out songs by a popular rock band. Fortunately, he was not in blackface. †

## **MORE RESTRICTIONS ON OUR FREEDOMS**

The Liberal Government under Justin Trudeau is introducing legislation which will further restrict the freedoms of Canadians. Unfortunately this proposed legislation has received little publicity.

### **• POLICE POWERS GIVEN TO NATIONAL PARK WARDENS**

Environment Minister Steven Guilbeault has tabled a seemingly innocuous Bill, C-23, an Act Respecting Places, Persons and Events of National Historic Significance, which is supposed to deal with appointments of Indigenous members to national historic sites. However, the bill includes some completely unrelated provisions. These include section 41, which provides that park wardens may enter on and pass through or over private property in national parks without anyone having the right to object. Section 42 shields the national park wardens from liability for anything done or omitted to be done in good faith while on duty. Section 43 permits wardens to enter and search any place and open and examine any package “with or without a warrant”.

In effect, park wardens have been given the power to enter camp sites, tents, etc. in national parks without a warrant, and with no recourse for this breach of individual and property rights. The Federal Department of Justice, however, claims that these provisions are necessary to provide “evidence”

should a crime occur.

Significantly, Minister Guilbeault made no mention of these new powers for park wardens when he introduced the bill. This bill will impact families, hikers, and campers who use national parks. Simply put, this bill means that a park warden can walk into a campsite or tent at will, and remove any article found therein, at his own discretion. Although the purpose is supposed to be to provide evidence for a crime, who is to say this is the actual reason since the warden is exonerated from any litigation of liability?

### **Minister Guilbeault’s Environmental Extremism**

Minister Guilbeault, responsible for this bill, had a busy career as an environmental activist prior to his election to Parliament. He was arrested for participating in a number of protests relating to the environment. For example, in July, 2001, Minister Guilbeault was arrested for climbing to the top of Toronto’s CN Tower, where he displayed a banner criticizing the government for its failure to act on environmental issues.

With his intense environmental extremism, these amendments to this bill may well be used to also permit park wardens to monitor and enforce environmental issues. Minister Guilbeault is such an activist, who will likely regard any inconvenient act affecting the environment as a “crime.”

## • TRUDEAU PARTNERS WITH THE WORLD ECONOMIC FORUM (WEF)

Any doubt about the WEF influencing Canadian policies has been removed by the fact that Trudeau has entered into a contract with the WEF to produce a travel identity app.

The WEF agreement, in the amount of \$105.3 million, is to develop a pilot project to advance what is called the Known Traveller Digital Identity ID (KTDI). This digital identity system will include facial recognition and biometric data (fingerprints and eye scans), which are highly personal. The purpose of this system is to provide a seamless system for travellers to pass through security, board planes, cross borders, make car rentals, and check into hotels. What is not mentioned is that it also provides personal information on individual travellers so that the

government can keep track of its citizens. WEF has suggested that this travel app could be easily adapted to provide information on vaccination certificates. The travel ID can also be easily adapted to provide the government with other information which may prohibit travel (as occurs in China with its virtual app), and other nefarious purposes.

Included in this partnership agreement with WEF are the government of the Netherlands, Royal Dutch Airlines, Air Canada, Toronto Pearson Airport, Montreal's Pierre Elliot Trudeau Airport, Amsterdam's Schiphol Airport, and the technology consulting firm Accenture.

When questions were raised about this project in the House of Commons by MP Leslyn Lewis, Minister of Transport Omar Alghabra could provide no further information. †

## SAVING THE FAMILY AT THE FAMILY DINNER TABLE

One of the most significant tragedies in our society is the high rate of family breakdown.

The fatherless family, for example, is associated with heretofore unthinkable situations—gangs, guns, and shooting deaths in our schools, streets, and homes. Anxiety, depression, and eating disorders are not uncommon teenage characteristics, and separation and divorce are dark clouds looming over many families.

The question to be addressed: Why is this happening? A second question is how can this be remedied?

### HARVARD STUDY ON THE FAMILY

A study of this problem was carried out at Harvard University in 2020. It uncovered an astonishing factor that is contributing to family breakdown. It is the fact that families today are far too busy to sit down together for meals. In the past twenty years, dozens of studies document that the family having dinner together occurs only in about 30% of families. However, the Harvard study found that family meals deepen family connection and lead to greater family stability.

Family meals have surprising health benefits and are associated with lower rates of depression and anxiety, substance abuse, eating disorders, early teen pregnancy, higher rates of resilience and self-esteem as well as higher academic achievement. In fact, family time together is more important to academic success

than homework. This is because family meals involve a sharing of conversations, ideas and feelings, and promote a sense of belonging which provides a sense of security to children in a troubled and confusing world.

The strengthening of family bonds achieved by meal time together is difficult for families today because of so much coming and going, including unpredictable, conflicting schedules, sporting events, etc. This provides little time to prepare a meal and be together to eat it.

Although the tipping point to acquire family benefits is five meals a week, it doesn't have to be dinner, but can be breakfast, brunches, or late night snacks together: whatever works for a family. It doesn't have to be meals that are perfectly prepared or the family having perfect manners—what matters is that it is enjoyable and that the children feel when they speak, somebody wants to listen to them.

It is important that criticism, anger, and conflicts be curbed, even though they are inevitable in all families. Phones must be parked at the door unless something on the phone must be shared with a family member as part of the conversation.

Families with teenagers know that it can be difficult to have a conversation with them. Teens may appear to want nothing to do with parents at the dinner table or elsewhere. However, it is significant that a

survey of teenagers has indicated that when they are asked whether they would rather eat with their parents than by themselves in front of a screen or with their friends, 80% choose their families.

To develop a family meal time together may seem overwhelming. It is recommended, therefore, to start by making a commitment to just once a week. Otherwise, the participants may want to give up. It's about

having a flexible format, not trying to re-create the 1950's with a spotless kitchen and perfect meals. The idea is to involve the family together and focus on what is happening in the lives of each family member. It's not about the food (although everyone loves food).

Finally, all families are different. A family dinner means all families, including families consisting of a single parent and one child.†

## HARMS CAUSED BY MARIJUANA

On October 17, 2018, the Trudeau government decriminalized marijuana. The mainstream media rejoiced, claiming, without any scientific evidence, but with remarkable confidence, that marijuana was safer than alcohol, was not addictive, or harmful to health. The media celebrated that, at last, the myths surrounding marijuana had been dissolved.

The media narrative was supported by multinational corporate interests whose only concern was profit. These corporate interests lobbied against any restriction on the amount of THC (the intoxicating component in the drug), but were not successful in this regard. Presently in Canada, legally sold edibles such as Gummy Bears and Brownies, as well as smoked marijuana are limited to 10% THC.

### REPUTABLE RESEARCH ON MARIJUANA

Since marijuana's decriminalization, many reputable institutions have been researching the drug and are finding some alarming results. The institutions conducting this research include the Canadian Department of Health, Harvard University, the American Board of Pain Medicine, Columbia University, and New York School of Medicine.

This research has disclosed that marijuana, far from being harmless, is quite the opposite. For example, problems caused by marijuana include depression, suicidal thoughts, high anxiety, and addiction, (between 10% and 30% of marijuana users become addicted). Memory loss, poor executive decision skills, diminished ability to learn and retain information, lowered IQ, severe vomiting, and fetal development impairment are also caused by marijuana use. The Canadian Department of Health Science Advisory Committee has warned pregnant and nursing mothers against marijuana use. Increased risk of

heart attacks, lung damage, and shorter life expectancy can also result from marijuana use.

### BLACK MARKET FLOURISHING

When Justin Trudeau legalized marijuana he claimed that one of its objectives was to curb the illicit market or black market sales of marijuana. This has not happened. The federal Financial Transactions Centre (FINTRAC), which is responsible for implementing the "Proceeds of Crime and Terrorist Financing Act", issued a report, in February 2022, stating that the market for illicit marijuana continues to exist and is flourishing. It estimated that at least 37% of marijuana sold to Canadians is purchased on the black market. It is significant, however, that Statistics Canada states that the black market contributes 43% to the marijuana sales. Despite this discrepancy in the amount of black market sales, it is clear that the black market has continued to flourish after decriminalization. The FINTRAC report stated that illegal sales have resulted in the increased funding of criminal activity for crime groups, as well as decreasing tax revenue for the government.

Further, FINTRAC states that illegal marijuana is being sold through front companies from a wide range of businesses laundering proceeds of illicit sales. It gave examples of e-commerce businesses in the beauty and wellness industry, food and beverage wholesalers, automotive-related businesses, electronic repair businesses, and construction related businesses. Often, there were little or no other business-related transactions in the accounts of these front companies. The Department of Justice cheerfully stated, however, that "full transition to the new market will take time before licensed dealers can compete with the drug dealers".

## FEDERAL PANEL ON MARIJUANA

The 2018 legislation decriminalizing marijuana provided that the federal government review the impact of the legislation within three years after its enactment. Four months past the deadline, the Liberal government finally established the panel, in February 2022.

## LIBERAL GOVERNMENT WILL BE UNMOVED BY RECOMMENDATIONS OF THE PANEL AND THE HARMS CAUSED BY MARIJUANA

Regardless of any recommendation from the federal marijuana panel, it is likely the Trudeau government will ignore them. It will not revoke or amend the legislation for the following two reasons:

- **Government Profits from Marijuana Sales:**

The Trudeau government will not likely limit the sales of marijuana because, even with the presence of the black market, the government is still making huge profits on the sale of marijuana. According to a comprehensive report released on February 1, 2022, by Deloitte Canada, between legalization in October 2018 and 2021, Canada's marijuana industry contributed \$43.5 billion to the economy. This sum included \$15 billion in taxes for the government, increased consumer spending, as well as the employment of 43,479 people, and capital expendi-

tures provided by the production and sale of marijuana. Statistics Canada reported sales of marijuana in June 2022 jumped 23% over the same month last year. Simply put, the contribution to the economy by the marijuana industry is a large source of money for both the government and the economy.

This increasing use of marijuana is attributed to the fact that the threshold to marijuana use and its effects must be maintained by more frequent consumption, and that the easy availability of the drug increases its consumption.

- **Government wants to keep "progressive" voters on side:**

The Liberal government will not limit sales, despite the harms caused by its use, because of its desire to keep the "progressive" voters on side. The Trudeau government's voter support comes mainly from left and left-of-centre voters, i.e. the woke, progressive voters who regard marijuana use as reasonable and an acceptable lifestyle choice. The Liberal government does not want to risk losing these votes, and so will be unlikely to restrict the sale of marijuana in Canada.

Canadians will have to wait for a saner, more responsible government to be elected in order to restrict the use of this harmful drug. †

## TRUDEAU'S OBSESSIONS WITH MINORITY SPECIAL INTEREST GROUPS

Prime Minister Trudeau is using every possible nook and cranny in the Federal Government's tool box to provide money for his favoured minority, special interest groups: homosexual, transsexual, and radical feminist. REAL Women of Canada has been tracking these grants for a number of years. However, we can scarcely keep up with them.

Providing these generous grants, Trudeau is extravagantly lavishing gifts on groups he personally favours. There appears to be no limit to these grants, made both to Canadian and international groups. This spending is being distributed based on sexual identities, behaviours, and expressions, which occur in only a minuscule part of our population. Statistics Canada counts transgender self-identities at 0.19%

of the population; non-binary 0.13%; gay men 0.8%; gay or lesbian women (a recently invented identity) 0.5%. Unfortunately, Canadians who identify with their natural DNA-determined sex and who represent 99.66% of the population are not so fortunate.

## NO CONTROLS ON SPENDING

There are apparently no adults in the cabinet or government circles to control Trudeau's profligate behaviour. As a result, he is like a rich kid in a candy shop handing out treats to make friends and receive gratitude for his generosity. Only it's not Trudeau's money, but the taxpayer's money that he is generously distributing. He is getting away with this because he can. How much longer will Canadians tolerate this behav-

our, while he remains indifferent to the hardships of ordinary Canadians and their values? Canadians are not pawns for Trudeau to callously push about at his personal discretion. Hardworking, family orientated Canadians are the backbone of this nation on which the country depends. Nonetheless, they are scarcely tolerated and are ignored by Trudeau's government.

## GRANTS TO HOMOSEXUAL ORGANIZATIONS

Since Trudeau was elected Prime Minister in 2015, money has been flowing nonstop to homosexual communities.

There is no accountability as to how the funds are used. The money disappears into the bureaucracies of these groups, for ill-defined vague projects so that it is difficult to pin down whether the purpose or objective of these grants has been achieved. Accordingly, we are not able to provide a complete picture of these expanding expenditures, but at least we can provide some examples of them as exhibits of this abuse of power.

Some of this funding is as follows;

- A \$145 million settlement made in a class action lawsuit launched on behalf of LGBTQ persons previously employed by the civil service or the military, who were apparently discriminated against because of their sexual orientation. They were determined as security risks because they were vulnerable to blackmail. This settlement was described by the media as “the largest of its kind in the world”.
- In February 2019 the Liberal government gave \$30 million over a 5 year period to assist and promote homosexual and gender identity in developing

countries. The Canadian government has pledged an additional \$10 million every year in perpetuity to advance “human rights and improve social economic outcomes” for homosexuals in developing countries as part of Canada’s international aid program. This money is being used to lobby for change in the cultures and religions of these countries.

- At a news conference, ahead of the August 2022 Gay Pride festival in Ottawa, Trudeau announced \$100 million dollars over five years for Canada’s first federal *homosexual, transgender Action Plan*. He stated that this grant was given “to fight discrimination, increase public awareness, break down barriers, build a future where everyone is truly free to be who they are and love whom they love.”

This \$100 million is to be used as follows: \$75 million for sexual identifying communities and \$11.7 million for a 2SLGBTQI+ Secretariat to oversee and implement the Action Plan. In a previous 2019 budget, \$1.2 million had already been provided for this Secretariat. \$7.7 million is for data collection and research, and \$5.6 million for awareness campaigns to “break down stigma.” Simply put, this money is to change values and cultures.

- Equality for Gays and Lesbians Everywhere (EGALE) Canada is a federal incorporated homosexual advocacy group with tax exempt status. It targets homosexual/lesbian youth nationally and internationally. EGALE has received \$11.3 million in government funding since 2013. However, after Trudeau came to power in 2015, EGALE’s funding increased by 216%. According to Canada Revenue Agency Charities, pre-2015 government funding for EGALE averaged \$1 million a year, but jumped to \$1.7 million annually thereafter.

It should be noted that feminist and homosexual activists also receive “human rights” funding directly from a government program called the Social Sciences and Humanities Research Council. Some of this agency’s outrageous grants will be outlined in the next issue of REALity. Also, homosexual activists abroad are funded by grants given to them through Canadian embassies from Global Affairs Canada. One hundred twenty countries received funds from Canada Fund for Local Initiatives for homosexual groups abroad.

The mainstream media have kept Canadians in the dark about all this funding. Therefore, few Ca-



Brian Gable, *The Globe and Mail*, October 27, 2021

nadians are aware of our government using our tax dollars to change the culture of Canada and of other nations.

## GRANTS TO FEMINIST ACTIVISTS

The feminist based Status of Women agency, now called Women and Gender Equality (WAGE), used to be allocated \$31 million annually to hand out grants. In 2015, after Trudeau came to power, this feminist agency's appropriation was increased to \$160 million. WAGE is using these funds to promote women's victimhood, 2SLGBTQI+ "needs", and just recently added youth to the mix. As a result, there is a massive tax funded sexual identity lobby: 2 spirited (indigenous), gays, lesbians, bisexual, transgender, queer, intersex, feminist, and youth. The plus (+) represents any newly "evolved" identities that can be added to the list of special interest victims.

WAGE also is adding Gender Based Violence to its work. WAGE views the roots of Gender Based Violence (GBV) as all around us, including "rigid gender norms imposed on young children" which means normal boy-girl, family values, and behavioural differences. The federal budgets in 2017 and 2018 provided over \$200 million, starting in 2017-18 until 2022-23, and over \$40 million per year ongoing to establish, launch, and expand the government's GBV Strategy, including the creation of the *Gender Based Violence Knowledge Centre*, housed within WAGE. Budget 2022 increased its "capacity" with \$601.3 million over five years to advance a new *National Action Plan to End Gender-Based Violence*. Information, of course, has not been provided as to whether "violence" increased or decreased as a re-

sult of handing over hundreds of millions of tax dollars to promote this issue. The reason given by fund recipients for not providing an accounting of the results is that they cannot report data for the projects since this would not be "consistent with the nature of social development work". In other words, don't expect us to provide any proof of success—just keep sending us the money.

Minister for Women and Gender Equality and Youth, Marci Ien, however has helpfully let us know the excellent work the Liberal government has accomplished by providing a list of nine "historic" actions taken to 'advance equality' for 2SLGBTQI+, including removing from the Criminal Code "anal intercourse" as a crime, vagrancy, and bawdy house offences.

## PROBLEMS WITH GOVERNMENT PROMOTING ACTIVISM

There is an obvious problem when the government funds organizations whose sole purpose is to lobby the government for policy changes. This is not democratic, since it discriminates against other Canadians who have a different perspective on issues, and are denied an equal playing field. Yet, promoting these issues has been the feminist and homosexual modus operandi in Canada since the 1970's. These grants pay for litigation, research, and cultural awareness programs. This policy was introduced by former Prime Minister Pierre Elliott Trudeau, who insisted that this funding was a way of promoting "participatory democracy". Pierre Elliott Trudeau did not mention, however, that the funding always goes only in one direction—to support his own "progressive" agenda. And this continues today.†

## MEMBERSHIP FEES FOR 2023 NOW DUE

This is a reminder that your **2023 membership** in REAL Women of Canada **is now due**. The annual membership fee is \$30 for an individual or family, and \$50 for group. Enclosed is a self-addressed envelope for your convenience in forwarding your annual membership renewal and fee.

It is your wonderful support that enables REAL Women to continue its work on behalf of the traditional family of mother, father, children, and to promote values that sustain and protect society.

Thank you so much for your faith in us as indicated by your financial and moral support. In return, we promise to remain ever faithful and diligent in supporting the family and traditional values. †



# PRESIDENT'S MESSAGE



Dear supporter of REAL Women of Canada:

Welcome to the December 2022 edition of e-REALity and the November-December 2022 edition of our bi-monthly print issue.

On behalf of our National Board of Directors and our dedicated staff, I extend to you and your families all the blessings of this joyous Christmas season. We hope that 2023 will be a year of much health and happiness for you. Let us together look forward to a brighter future with great expectations.

Our 2022 Fall Fundraising Campaign is still ongoing. We hope that we will be able to reach our goal of **\$125,000** by January 1, 2023. As of December 1, we are at **\$60,300**, not quite halfway. For those of you who have already donated to our current Campaign, we thank you with sincere gratitude for your generosity. It is vital that we reach this monetary goal in order to meet our many expenses as we continue our mission of safeguarding and promoting the family and traditional values. 2023 will be our 40<sup>th</sup> year of working tirelessly and consistently for you, whether in Parliament, in the courts or in the media.

In this issue, you will see a reminder to renew your annual membership in REAL Women of Canada. Fees are due January 1, every year. If you receive the print copy of REALity, a self-addressed envelope is enclosed. Your membership can also be [renewed online](#), with either a credit card or an e-transfer.

If you are not a member of REAL Women, then there is no time like the present to join. You will be joining the *only* Canadian women's movement that provides an alternative voice to the radical feminist ideology movement which believes all Canadian women should think alike. REAL Women of Canada is YOUR voice, standing up for pro-life values and for the values of the natural, traditional family. [JOIN NOW!](#) There is strength in numbers. As a member, you will have a vote on motions presented at members' meetings, such as our Annual General Meeting. Men are also welcome to join as associate (non-voting) members.

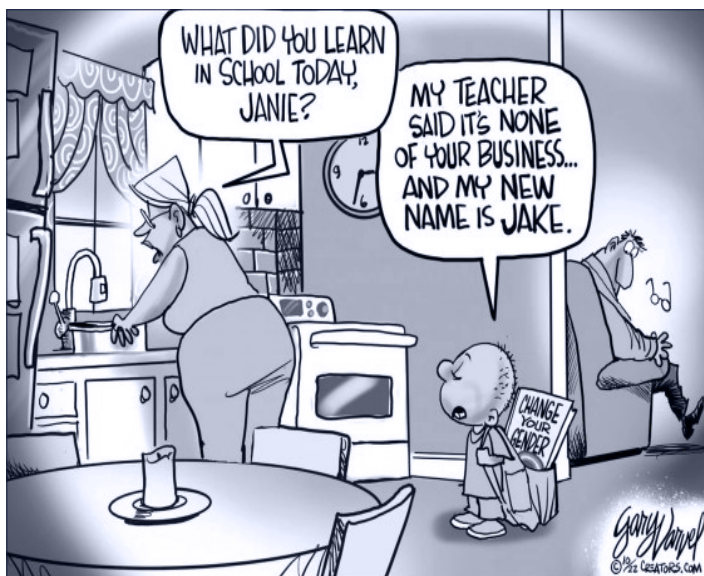
As per REAL Women of Canada bylaws, all members must meet the following conditions: Membership shall be limited to persons who support, adhere to, and/or further the pro-life/pro-family objectives of REAL Women of Canada and shall consist of anyone whose application for admission as a member has received the approval of the Board of Directors. Our [objectives](#) are outlined on our website.

We look forward to hearing from you in response to our 2022 Fall Campaign and thank you so much for your ongoing support, shown in so many ways.

Warm regards,

*Pauline Guzik*

Pauline Guzik, National President ♀



Gary Varvel, *The Toronto Star*, November 2, 2022

## SUPPORT REAL WOMEN OF CANADA

PLEASE MAKE A CONTRIBUTION TO JOIN OUR WORK TO DEFEND & PROTECT LIFE & THE FAMILY

Membership **\$30/year** | Groups **\$50/year** | Donation \_\_\_\_\_

*Contributions, unfortunately, are not tax deductible.*

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Send online at [www.realwomenofcanada.ca](http://www.realwomenofcanada.ca) or by mail. Thank you.

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