



# REALity

REALISTIC | EQUAL | ACTIVE | for LIFE

## WHERE IS THE CRITICAL THINKING?

One of the fundamental problems in our troubling era is that the public has lost respect for its elite leaders and institutions. They include the media, judges, politicians, and even many mainstream Christian churches that are fast sinking into a sea of political correctness and denying Biblical truths.

Institutions and the elite have demonstrated countless acts of deceit, duplicity, and hypocrisy over the years, so much so that their disgraceful acts have now become inherent in their operation. In fact, this deceitful behaviour has become so assimilated in society that the public now expects our institutions and leaders to operate by betraying basic principles and decency. It is little wonder, then, that the public has lost respect for its leaders and institutions. Who today trusts a journalist’s narrative, a politician’s promises, or believes that a court’s decision is based on the meticulous application of the law? Further, the “updating” of theology by churches attempting to adapt to the culture, has resulted in the emptying of the pews. Who believes a religious leader’s sermon when it is not based on sound, religious belief, but on politically correct opinion?

The hypocrisy, deceit, and lack of critical thinking by the establishment is ever expanding. A few such examples are:

### 1. Physician-Assisted Suicide

- Justice Sonia Sotomayor of the U.S. Supreme Court, in



Cartoon: Pat Cross, patcrosscartoons.com, December 2, 2020.

January 2021, spoke out fiercely against the death penalty for convicted murderers. She, however, is also a supporter of assisted suicide. Both these deaths are caused by the same procedure—an injection of the same lethal drug. Sotomayor believes the difference between allowing killing by euthanasia and executing a prisoner is that, in euthanasia, an individual provides consent to the killing which has been legalized by the state. What has consent got to do with the issue? It is the state-sanctioned killing that is the issue and consent does not make it right. Assisted suicide is testimony to the failure of our healthcare system, which is failing patients by killing them rather than treating them. Why are patients not being properly cared for so that they can live out the rest of their lives in comfort and security? Where is the palliative care that would alleviate their concerns and loneliness?

- The venerable Reader’s Digest, which has been in existence for 98 years, and has been a comforting source of information, warm human stories, and humour, has now changed in that it is promoting euthanasia as a celebration to be enjoyed, and a worthy end to one’s life. According to Reader’s Digest articles, euthanasia is a great experience that gives control to the patient and it is an appropriate way to end one’s life. The magazine assists the individual in this pursuit by providing guidelines to go about ending one’s life.

These guidelines are not truthful, as they point the individual in only one direction, that is, death by injection. Alternatives, such as the compassionate services of palliative care and the reduction of pain that can now be controlled, are ignored. By omitting this critical information, Reader’s Digest is misleading its readers. This is not honest journalism which the readers can trust.

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In its attempt to be progressive and woke by promoting physician-assisted suicide, Reader's Digest has betrayed its faithful readers and is providing indoctrination, rather than balanced information on a highly sensitive matter.

## 2. Politicians

- Prime Minister Justin Trudeau figures he has all the answers for women residing in the developing world. Since 2017, Canada's foreign policy, promoted by Global Affairs, has been to prioritize feminism and abortion in foreign aid programs. This narrow-minded approach indicates that Canada's foreign policy under Trudeau has absolutely no respect for women, as the majority of women living in the developing world reject these policies for cultural and religious reasons. These women decline such policies as unreasonable and unhelpful.

Such women in the developing world are in need of sound infrastructure, clean water, health care, education, and funds to protect themselves and their families from terrorism. Where is the aid money for these genuine needs? Instead, Trudeau gave approximately \$8 million of taxpayers' money directly to the Marie Stopes International abortion chain, which operates largely in Africa. This abortion chain recently changed its name to the innocuous "MSI Reproductive Choices Agency" to cover up the fact that its namesake and founder, Marie Stopes, was a eugenicist, who did not much like non-white babies to be born.

Another example of Trudeau's wasted largesse in a developing country was money given to Afghanistan between 2014 and 2020 in the amount of \$270 million. This grant was designated for projects to encourage the rights and empowerment of women and girls.

A review, carried out by Global Affairs to determine the effectiveness of this aid, was published on the department's website in December 2020. The review indicated that Canada has made the grant without "a deep understanding of Afghanistan's local, cultural context and Islamic tradition". The review was startling in that it actually stated that, in order for grants to be effective, they should include men and boys, as well as the larger community. This failure to take into consideration the culture and religion of the country in making the grant, ended up with Canada imposing programs on Afghanistan which did not improve local conditions or satisfy the country's needs.

The criteria for good foreign aid should begin with listening to the needs of the recipient, not trying to turn another country into the West's own image with its values. Trudeau's attitude toward the developing world is paternalistic and hypocritical.

- During his leadership campaign in 2020, Conservative leader Erin O'Toole promised to fight the "cancel culture". Yet, his lips remained sealed when the Big Tech companies recently purged conservative voices from their platforms. Perhaps O'Toole didn't notice that Big Tech also operates in Canada.

O'Toole was also hypocritical when he removed social conservative, MP Derek Sloan, from his caucus. This, too, was a typical cancel culture tactic.

For Canadian democracy to be healthy and sustainable, it is necessary that political parties be built upon respect for free speech, freedom to think, and freedom to criticize. Silencing Mr. Sloan is no way to achieve this and it has exposed Mr. O'Toole as an untrustworthy, duplicitous politician.

## 3. Toronto's Confused Catholic School Board

In a rational world, one would expect a Catholic school board to promote Catholic teaching. They have the legal right and obligation to do so under the BNA Act and the Charter of Rights, as well as numerous court decisions.

It seems, however, that there are trustees on the Toronto Catholic District School Board, the largest Catholic board in Canada, who are utterly confused, and, instead, are pushing another agenda. They wish to adapt the Catholic board to a secular, woke philosophy in order to promote homosexual ideology and to deliberately ignore Catholic teachings.

When a debate arose in November 2020 over this issue, one of the trustees, Norm Di Pasquale, demanded that a delegate to the meeting cease reading a paragraph from the Catechism of the Catholic Church on homosexuality. He claimed this was "dangerous" because it was detrimental to the LGBTQ community. Chair of the board, Maria Rizzo, who is personally facing litigation on numerous other matters, described the recitation of the Catholic catechism as "unacceptable". To put a finishing touch on the debacle, the board reinstated the website of an organization called LGBT YouthLine, that promotes homosexuality and transgenderism, as a resource to be used by Catholic students. This resource had previously been removed from the website, but was reinstated after the board met with members of the LGBT YouthLine. The meeting resulted in the restoration of the link, despite the fact that the link includes a sex guide for trans men, articles on sex and dating for lesbians, trans, and non-binary people, and a trans woman safe sex guide. It also provided the questionable advice that "sex work can be a viable way to support oneself to pay for hormones and surgeries required for transgenderism". This resource further provided information on how to participate in different types of homosexual sexual acts.

It is not unreasonable to ask how these topics fit into a Catholic education. It would be difficult to explain to parents that this website is a valuable resource for their children.

Why are these trustees sitting on a Catholic school board? They obviously do not want to promote Catholicism, despite the fact they are being paid to do so. In fact, they are doing exactly the opposite and are hypocrites for doing so.

The Toronto Catholic District School Board has created a problem for its unfortunate students. Why are the Catholic schools in Toronto run by mindless, confused, and hypocritical trustees? These trustees would do everyone a favour by resigning their positions and not running in any future Catholic Board elections. Catholic schools need to preserve their integrity. †

# RESPONDING TO PRO-ABORTION CLAIMS WITH THE TRUTH

**“[T]he abortion industry regards women as merely objects with which to make a profit... [and ignores the] negative impact on the psychological wellbeing of women.”**

According to the progressive, left-wing, woke culture, abortion is necessary to protect women and their dignity by allowing them to control their own bodies. This, however, does not appear to be what happens in the abortion industry. In the documentary *Life After Abortion* (2021), the former owner of five abortion clinics, who subsequently changed her life around and became pro-life, describes what really goes on in abortion clinics.

She stated that abortionists perform abortions on an assembly line basis without changing gloves or sanitizing between each abortion. This system allows the abortionist to complete ten to twelve abortions an hour. This conveyor belt system obviously does not prioritize patients' safety or dignity, and regards women as only a source of profit. In short, the abortion industry regards women as merely objects with which to make a profit. This reality has been covered up as follows:

- During the raucous abortion debate in Canada in 1969, which decriminalized abortion under certain circumstances, the then Liberal government, under Pierre Elliott Trudeau, argued that this change was necessary to prevent women from resorting to back alley abortions. Ironically, women today are experiencing another type of back alley abortion, in that they, without any trained medical presence, are performing the abortions on themselves in their homes by way of do-it-yourself abortion pills. Such women must endure pain, bleeding, and trauma alone and are required to observe their dead babies, which they are required to dispose of themselves, usually in the toilet. This can pose a threat to vulnerable women and girls, causing them considerable trauma and distress, considering that the child, at 10 weeks gestation, is already 3–6 cm in length, which they are required to regard as sewage waste. The medical care of women has been abandoned by this process, leading to complications such as: hemorrhage, infection, incomplete pregnancy termination, retained fetal parts, the need for emergency surgery, and even death. It is obvious that complications for abortions would only increase in an unsupervised home setting versus a medical setting. Unsupervised home abortions are highly dangerous.
- The objective of pro-abortion activists is to establish the notion that abortion is easy, uncomplicated, and has no serious side effects. They argue that once the abortion is completed, the woman can forget about it because the procedure has no long-term consequences.

However, an abortion study by a New Zealand psychologist, Dr. David Fergusson, published in the *Australian & New Zealand Journal of Psychiatry* (2013), contradicts this notion. The study indicates that abortion has a negative impact on the psychological wellbeing of women. In carrying out this study, Dr. Fergusson, who is personally pro-abortion, intended to disprove that abortion had negative psychological effects on women. He was, therefore, shocked to learn from his study that 42% of women who had abortions experienced major depression, double that of women who never became pregnant. The study also indicated that women who have had abortions are twice as likely to drink alcohol at dangerous levels and three times as likely to be addicted to illegal substances. Finally, the study found that the risk of anxiety disorders doubled after an abortion.

Dr. Fergusson's well-designed study spanned the course of 25 years, but he had great difficulty having his paper published. This was a surprise to him as, typically, his studies were accepted for publication on the first attempt.

In effect, this important study was suppressed, since it contradicted the pro-abortion narrative that abortion carried no serious aftereffects. Feminists have remained silent about this study too. They are supposed to care about women, but apparently not when it comes to the issue of abortion, for which they prefer the truth be hidden.

## • Abortion Bubble Zone Legislation Is a Farce

According to information obtained under the *Freedom of Information Act* by Patricia Maloney, an Ottawa pro-life researcher and writer, there is no evidence anywhere in Ontario to support the bubble zone legislation. There were no complaints made to the police that women seeking an abortion were harassed outside the clinic or that the abortion staff had been assaulted by pro-life counsellors. This indicates that the bubble zone legislation was passed for purely political and ideological reasons. The sole purpose of the legislation obviously was not to protect women and abortion staff, but was solely to protect the profit-making abortion clinics.

In other words, the legislation was to prevent pregnant and distressed women from learning about alternatives to abortion and about the availability of help to assist them through their pregnancy. Once informed, many women refuse to go forward with the abortion. This leads to the abortion clinic experiencing a profit loss. The bubble zone abortion legislation is in place only to maintain the abortion clinic's profits and has nothing whatsoever to do with dignity, respect, and the care of women.

These examples show that the abortion industry is using lies and suppression of information to carry out this callous and hideous activity. †

# REAL Women of Canada NOTICE of AGM

NOTICE IS HEREBY GIVEN THAT the Annual General Meeting of the Members of REAL Women of Canada (hereinafter called the "Corporation") will be held on,

**SATURDAY, JUNE 19TH, 2021 • 1:00 PM TO 4:30 PM • LIBERTY SUITES HOTEL**

7191 Yonge St Suite 1201 (North of Steeles Ave—East Side of Yonge St) Thornhill, ON L3T 0C4

**TRAVELLING BY CAR:** Entrance off Yonge Street, free underground parking, signage "World On Yonge", (don't park in the outdoor plaza), Level P2 (below P1). Register your vehicle licence plate number at the hotel reception on the 12<sup>th</sup> floor.

**TRAVELLING BY SUBWAY AND BUS:** If travelling by subway, get off at Finch Station, walk upstairs and head in the direction of the Tim Hortons. Exit through the gates, turn right and walk until you see a set of stairs on your right (beside the escalators). These stairs will take you to the YRT Bus Terminal at street level (north east side of Bishop Ave.) and take Bus #2, 5, 77 or 99. Exit bus at Meadowview and Yonge, stay on the right and walk towards RBC Bank. Hotel entrance located on the right side. If travelling by TTC, take Bus #60A, B or C, exit bus on Steeles Ave. and walk north 3-4 blocks.

Light refreshments provided. Please let us know if you are attending.

**RSVP by June 15: 1-905-787-0348, [info@realwomenofcanada.ca](mailto:info@realwomenofcanada.ca) • Guest Speaker: MP Derek Sloan**

## ANNUAL GENERAL MEETING

Our Annual General Meeting will be held for the following purposes:

1. To receive the financial statements of the Corporation for the fiscal year ending December 31, 2020, together with the reports of the directors thereon;

Members may obtain a copy of the Financial Statement available at REAL Women of Canada's Ottawa Office.

2. To elect a Board of Directors:

- a) Advance nominations shall be in writing and shall be submitted by not less than two members in good standing, with the written consent of the nominee, and received by the **Nominations Committee** at least two weeks prior to the annual meeting (by June 5, 2021). According to our constitution, no nomination can be accepted after that date. A brief resume of the candidate's biography must be submitted along with the nomination. Nominators must vouch that the candidate is a member in good standing, and upholds the philosophy, aims and objectives of REAL Women of Canada, as set out on the website. Please forward nominations to:

Nominations Chairperson, Diane Watts, REAL Women of Canada

Box 8813, Station "T", Ottawa, ON K1G 3J1

Fax: (613) 236-7203 or email: [realwcna@rogers.com](mailto:realwcna@rogers.com)

- b) Only those who subscribe to our objectives and have been voting members of the Corporation for at least 60 days prior to this meeting shall have the right to vote and/or run for office.
- c) New members and renewals will be accepted on the date of the meeting, but new members must attend as observers, not as voting members. Those members whose memberships have lapsed may renew and will be allowed to vote.

The General Meeting is open to members, representatives from member organizations and to co-operating organizations.

3. To hear and vote on resolutions from voting members. **Resolutions** must be submitted in writing, according to the constitution, 14 days prior to the Annual Meeting (by June 5, 2021), and approved by the Resolutions Committee. Please send such resolutions to:

REAL Women of Canada, Resolutions Committee,

Box 8813, Station "T", Ottawa, ON K1G 3J1.

Fax: (613) 236-7203 or email to [realwcna@rogers.com](mailto:realwcna@rogers.com).

4. To transact such further or other business as may properly come before the meeting or any adjournment or adjournments thereof. †

# OUR FEMALE GOVERNORS GENERAL AND THEIR REPUTATIONS

Canada has experienced a run of unfortunate female governors general (GG) over the past few years. It would be hard to find three more self-absorbed women than former Governors General Adrienne Clarkson (1999–2005), Michaëlle Jean (2005–2010), and Julie Payette (2017–2021). Each of these women has been a disappointment, each in her own, peculiar way.

The run of bad choices in GG began with the appointment of Adrienne Clarkson. She has spent her entire career living off the Canadian taxpayer as a journalist for the CBC, as Chairman of the Board for the Canadian Museum of Civilization (now called the Canadian Museum of History), and then as GG. Her six-year tenure in that office was made notable for her extravagance. The cost of maintaining her and her husband, John Ralston Saul, nearly doubled from nearly \$11 million annually to \$19 million annually. Ms. Clarkson and her husband had the notion that they were “intellectuals” and were thereby bestowing on the Canadian public the gift of themselves with their intellect and enormous grasp of cultural matters.

Clarkson’s problem seems to have been that she was confused as to who was actually the queen. She seemed to regard herself as the queen, not that other person living in London.

## MICHAËLLE JEAN

The next one up for appointment was Michaëlle Jean, who was, at the time of her appointment, a citizen of France, as was her husband. Both had supported Quebec’s separation from Canada. She was a CBC journalist residing in Montreal.

One of her drawbacks (apart from her love of luxury) was that she merely ticked off all the politically correct positions whenever she enlightened Canadians with a speech. She was not blessed with either discernment or independent thought, and during her time as GG, she backed every politically correct position available. She did frequently talk about the suffering women experienced from discrimination, to which problems, of course, she believed that feminist policies were the answer. She enjoyed the attention, the luxury, the clothes, and the travel. The role of GG, in her view, was all about her. The history, purpose, and responsibilities of the GG appeared to sit lightly on her shoulders.

## JULIE PAYETTE

Payette’s time as GG was marked by the huge turnover of a very unhappy staff. This led to the Privy Council Office ordering a workplace review of her behaviour as GG. This independent review, released on January 21, 2021, described the work environment as untenable, with screaming, demeaning comments, public humiliation, and, according to a report by the CBC on January 26, 2021, unwanted physical contact by Ms. Payette with her hapless staff.

Ms. Payette’s problem appears to be that she doesn’t much like people. She refused to live in Rideau Hall, even though she had cost the taxpayer hundreds of thousands of dollars for renovations to make privacy upgrades. This included a \$141,000 architect’s plan for a private staircase in Rideau Hall that was never built. Payette, however, never

resided in Rideau Hall even after the renovations were completed. She preferred to reside in a nearby mansion on the grounds, which she believed would give her more privacy.

Ms. Payette did not seem to have any grasp of her responsibilities as GG and how they were to be carried out. She gave the impression that she believed she ennobled the office of GG rather than the other way around.

Payette was appointed by Prime Minister Justin Trudeau in October 2017. Typically, looking only to appearances, Trudeau was dazzled that Payette was an astronaut, engineer, female, and French-speaking.

In his eagerness to appoint Payette, Trudeau didn’t bother checking into her background, which would have exposed a number of red flags about her difficulty working with people when she was employed at the Montreal Science Centre and the Canadian Olympic Committee.

## A POSITIVE ROLE MODEL FOR FEMALE GOVERNORS GENERAL

It is not as though these three female GGs didn’t have an excellent role model to follow in predecessor, Jeanne Sauvé, who was GG from 1983 to 1990. Ms. Sauvé was the first female Speaker of the House of Commons and first female GG. Ms. Sauvé was dignified, elegant, charming, and a person who could mingle with ordinary Canadians—especially children—while maintaining a sense of the dignity of the office. She also had the important characteristic of genuinely caring about people.

## GENEROUS PENSIONS AND EXPENSE ACCOUNTS FOR GOVERNORS GENERAL

The GGs are costing the taxpayer millions of dollars, even after leaving office, even after they die, as payments are authorized to cover expenses for a further six months.

A retired GG is entitled to a \$150,000 annual pension, plus an additional \$206,000 for “expenses” which would be paid annually for life. This latter expense fund was allotted by the cabinet in 1979, which, according to cabinet minutes, was agreed to on the basis that retired GGs incurred responsibilities as a result of their having held the office. This might well be the case for a year or two after they retire, but should not be for the rest of their lives, as presently occurs.

This controversial, additional financial contribution to retired GGs became public in 2018 when it was revealed that Clarkson had received \$1.4 million dollars from this account since her retirement 13 years previously. There is no requirement that GGs itemize or document their expenses.

The exposure of this GG fund for life was the catalyst for a review that was carried out in 2019. The report was released in October 2019. It noted the lack of transparency and accountability and recommended that GGs provide itemized expense claims to be reported annually. The report also recommended that consideration be given to ending the expense account after a defined number of years, rather than the current for-life regime.

The Trudeau government has not acted on this report. ♣

# PRESIDENT'S MESSAGE



Dear supporter of REAL Women of Canada:

Welcome to the April 2021 edition of e-REALity and the March/April 2021 edition of the hard copy of REALity.

We are hopeful that our 2021 Annual General Meeting will go ahead as planned, Saturday, June 19, 2021, 1 pm, in Toronto. We are very pleased to announce that our guest speaker will be MP Derek Sloan. More details on our AGM are available in this issue. We are hoping that the COVID restrictions will be lifted by then, so that we can have a good turnout of our members. If there are any changes of the date and/or restricted numbers for indoor gatherings, we will let our membership know as soon as possible, through REALity and through our e-mails.

On March 11, we published an **ALERT** regarding MP Cathay Wagantall's e-petition to support her private member's bill, C-233, An Act to Amend the Criminal Code (sex-selection abortion). This bill is at the second reading stage and has not yet been voted on, in the House of Commons. The deadline for signing the petition is April 10, 2021. It is not too late to contact your MP and request that he/she vote in favor of Bill C-233, which will stop sex-selection abortions.

On March 24, we published on our website, an analysis entitled "[Canada at the Crossroads: The Truth About How Canada Actually Functions](#)". This article describes the dysfunctions in our democratic process. Canadians citizens and voters must become more engaged in the political process in order to return Responsible Government to our country. Stay informed on what is going on, write letters to your elected officials at all levels, vote pro-life/pro-family, and support lobby groups that represent your views.

Remember to **LIKE us on Facebook** and to share our articles, whether these are in REALity or on our Facebook page. We are also on Twitter, @RealWomenCanada. Share, share, share, Like, Like, Like!!

If you make a generous donation of \$100 or more to REAL Women of Canada, remember to indicate if you would like one of the two complimentary books which our VP Gwen Landolt has co-authored. We do not automatically send the book to you. You must specifically request it.

We are ever so appreciative of the many wonderful ways that you are supporting our work

Happy Spring!

*Pauline Guzik*

Pauline Guzik, National President ♣

## CANADA AT A CROSSROADS

Canada today is a different country than it was a few generations ago. It has become a country which many of us no longer recognize or even like. Many feel they are strangers and are no longer a part of this country. They may work, live, and pay taxes here, but do not feel themselves to be a part of the nation's destiny.

### WHAT HAS HAPPENED TO CAUSE THIS?

REAL Women has done an analysis of these unfortunate changes, explaining how these changes have taken place and the dysfunction it has caused. The analysis has been posted on our website here: <https://realwomenofcanada.ca/analysis-reports/canada-at-the-crossroads-the-truth-about-how-canada-actually-functions-analysis/>

For those who do not have access to the Internet and would like a copy to be mailed to them, please contact our National Office by mail or telephone (613-236-4001). The cost of this is \$2.00 to cover mailing costs and handling. ♣



Cartoon: Brian Gable, *Globe and Mail*, March 13, 2021.

### SUPPORT REAL WOMEN OF CANADA

PLEASE MAKE A CONTRIBUTION TO JOIN OUR WORK TO DEFEND & PROTECT LIFE & THE FAMILY

Membership **\$30/year** | Groups **\$50/year** | Donation \_\_\_\_\_

*Contributions, unfortunately, are not tax deductible.*

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Send online at [www.realwomenofcanada.ca](http://www.realwomenofcanada.ca) or by mail. Thank you.

REALity is a publication of **REAL Women of Canada**

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