



REALity

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CENSUS 2021: HOPE IN SPITE OF WOKE PRESSURE

Statistics Canada takes a general census every five years. The latest was Census 2021. Along with other surveys, the resulting data sheds light on trends in Canada’s family well-being. Canada’s total population in Census 2021 was 36.99 million, up from 35.15 million in 2016 and 33.47 million in 2011.

EXPLANATION OF THE CENSUS

The “Census Family” is not identical to the concept most Canadians have of “family”.

Statistics Canada has chosen to measure the “Canadian Census Family” in conformity with the United Nations Recommendations for Population and Housing Censuses. A family nucleus therefore, is one of the following types (each of which must consist of persons living in the same household):

- a) a married couple without children,
- b) a married couple with one or more unmarried children,
- c) a father with one or more unmarried children or
- d) a mother with one or more unmarried children
- e) Couples living in consensual unions are regarded as married couples
- f) Grandchildren living with their grandparent(s) but with no parents, also constitutes a “census family”.

Statistics Canada has been ordered by the Liberal government to go full woke and include minority sexual identities in its data, an infinitesimal percentage, which does not affect the overall statistical portrait of the Canadian family. 99.81% of Canadians reported being male or female, 0.13% reported as neither (non-binary).

Canada, therefore, is the first country to provide census data on transgender (identifies as opposite sex) and non-binary (identifies as neither male nor female). Simply put, the census is no longer based

on actual biological realities but on the identity one chooses to report on census questionnaires. For Statistics Canada, that identity is fluid: “The language related to LGBTQ2+ communities is rapidly evolving and terminology may shift over time, vary by context, and mean different things to different people.” According to a 2021 statistical report, the official government acronym is LGBTQ2+. Prime Minister Trudeau, however, has recently chosen a new version: 2SLGBTQI+

According to this world view, from year to year, the same person could change identity, choosing from different sexual identities included in StatCan’s portrait of diverse LGBTQ+ : lesbian, gay, bisexual, asexual, pansexual, trans, non-binary, genderqueer, gender fluid, pangender, agender.

In spite of this absurdity, much can be learned from Census 2021 about the family in Canada.

FAMILIES HAVE HALTED THEIR DECLINE

Much Census 2021 data is encouraging as the steady decline in traditional family numbers has halted.

A levelling off can be observed in marital status decreases. The 1981-1986 five year period saw a 3.4% decrease in married respondents, but 2016-2021 registered a much lower 0.3% decrease.

Percentage increases in common-law couples

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from one census to another has levelled off. That is, the increase from Census 1981-1986, was 28%, from 2001-2006, it was 12%, and from 2016-2021, the census reported an increase of only 6%.

LONE-PARENT FAMILIES

Lone-parent family increases have also levelled off. Lone-parent families as a percentage of census families have increased every year, from 11.3% in 1981 to 16.4% in 2021. But these increases have steadily diminished in size from a 1.4 percentage point (pp) increase from Census 1981-1986 to 0.2 pp increase from 2001-2006, to no increase from Census 2016-2021 at 0.0 pp.

Because of the move toward equal parenting in separated families, over the last ten years there has been a 26% shift in favour of fathers. Census 2021 recorded 1.3 million families headed by a mother and 383,000 headed by a father, for a ratio of 3.4 to 1. Ten years ago, in Census 2011, the ratio was 4.6 mothers to 1 father.

LIVING ALONE

For a variety of reasons, 4.4 million people lived alone in 2021, representing 29.3% of households. Canada registers at the low end of western countries in this regard, along with the United Kingdom at 29.5% and the United States at 28.5%. Among countries with high counts of lone households were Finland at 45.3%, Germany at 40.8%, Sweden at 40.7%, and Austria at 38.0%. This does not mean necessarily that familial connections have ended. Also, many of the lone family arrangements may be short term.

MATRIMONIAL STATUS

Canada's census previously counted common-law couples as a separate category. Census 2021, however, reported combined married and common-law couples at 57%. Of these couples, 78% were married and 22% were common-law, for a ratio of 3.5 to 1.

Nationally, 23% of couples are common law couples. There are elevated percentages of common-law couples in some regions, with Nunavut at 52% and Quebec at 43% with one town registering 68%. One predominantly Christian community in western Canada registered 98% of couples as married.

If we excluded Quebec, Canada's common-law average would be 17%, not 23%. Therefore, StatCan's announcement that "Canada leads the G7 with almost one-quarter of couples living common-

law" is true but misleading. In western countries, common-law averages range from highs in Sweden 33% and Norway 28% to lows in Germany 16%, the United States 12%, and Italy 10%.

Of the 8.6 million couples in Canada, 98.5% were male-female. Same-sex couples, either two men or two women, totalled 1.1% of couples, or 0.6% of the "15 years and over" population. The new StatCan category of combined transgender and non-binary identity amounted to 0.37% of couples, which include at least one transgender or non-binary person, or 0.2% of the "over 15 years and over" population.

There were 10.2 million Census families (as defined above) in private households, 8.5 million or 84% of which were a couple family. 16% fell into various other types of "census families."

CHILDREN

Of the total 10.6 million children (17 and under) in "census families", 8 million were living with two parents (75.4%) and 2.6 million were living with one parent (24.6%), a 3:1 ratio.

Census 2011, 2016, and 2021 indicated that approximately 70% of children, aged 0 to 14, lived with two biological or adoptive parents, which is the most stable arrangement for children.

Census 2021 reports that 53% of married couples had children at home, compared to 42% of common-law couples and 12% of same-sex couples (usually generated from previous male/female unions). Statistics Canada also found that "among couples, same-gender couples with two men are the least likely to have children or be married."

Among couples with children, common-law couples were 4.6 times more likely to be step-parents (33%) than married couples (7%).

The proportion of young adults (ages 20-34) living with at least one parent increased in several urban centres, ranging from 19% to 46% in central and eastern Canada, and 2.2% to 6.9% in western Canada, with the exception of Lethbridge at 21%. The number of individuals in their 20s and 30s living with roommates increased by 15% since Census 2016. This is understandable with the increased cost of living and delayed marriages.

CONCLUSION

The steady erosion of marriage and family seems to have stopped. In a separate 2021-2022 survey on Hopefulness measures, Statistics Canada not-

ed that "...a hopeful outlook is positively associated with key well-being indicators, such as life satisfaction, sense of meaning and purpose, and mental and general health..." From survey responses, statisticians concluded "having children and strong ties to a local community were associated with a more hopeful outlook." Since family well-being brings improved mental and general health, more pro-family policies would lessen the unsustainable health and social services tax burden, and Canada's cul-

ture could return to significant progress toward stability and productivity. Legislators who claim that marriage and family are purely private matters and, therefore, not a matter of public policy are ignoring the facts.

Calculations were made from Census Profile, 2021 Census of Population, updated August 30, 2022, various Statistics Canada Census 2021 publications and Cardus marriagemap.ca 🇨🇦

TRUDEAU DIVIDES CANADIANS BY HATE

In August, Deputy Prime Minister, Chrystia Freeland was confronted by a single protester while stepping onto an elevator in Grande Prairie, Alberta. The protester verbally attacked her, using rude, foul language. Ms. Freeland responded to him with her customary smirk, the elevator doors closed, and that was that.

Trudeau, however, has chosen to exploit this event, lecturing Canadians in his best drama school teacher manner that such "hate" must stop. He informed Canadians that he is obliged now to protect politicians and journalists from such indecencies. The despicable behaviour of one individual, however, is not an indictment of all Canadians, who, obviously, cannot be condemned for such disgraceful behaviour, despite Trudeau's attempt to make it so.

JOURNALISTS SUPPORT TRUDEAU'S ACCUSATIONS

Canadian journalists, who are on Trudeau's payroll, right on cue, sent Trudeau and his cabinet ministers a letter demanding action on the growing abuse of journalists. The letter was signed by 43 media organizations and outlets, including the favoured recipients of Trudeau's funding, such as the Toronto Star, Global News, Postmedia, and the Winnipeg Free Press, among others.

The media's account of the Freedom Convoy last February, which blindly followed Trudeau's interpretation of the event, was the breaking point that finished off any lingering respect that ordinary Canadians might have had for the media. This incident exposed the media as mere spinners of false news.

It doesn't help the reputation of the media that the Associated Press Stylebook, which is a manual for the mainstream media, expressly states that it is a false balance to give a platform to those deviating from the accepted, contemporary narrative. The Stylebook suggests, straight up, that editorializing is acceptable in promoting left-wing ideological conformity on issues such as homosexuality, transgenderism, abortion, gender identity, etc. It is not surprising, therefore, that the media is perceived by many Canadians as "useful idiots" for their one-sided reporting.

TRUDEAU'S ASTONISHING HYPOCRISY

The real source of the division in Canada can be fairly attributed to Trudeau himself. This is not the opinion only of REAL Women, but was also reflected in a Postmedia-Leger poll released in July 2022. According to this poll, more than half of the respondents, regardless of party support, disapproved of the job Trudeau was doing as Prime Minister. Further, more than 60% of the respondents agreed that Trudeau has been a divisive Prime Minister. In effect, Canadians believe that Trudeau's government has undermined the social cohesion of this country.

TRUDEAU'S DIVISIVE STRATEGY

Trudeau condemned the participants in the Freedom Convoy as "racists", "white supremacists", "misogynists", "haters" and a fringe group holding unacceptable and disreputable views. This, despite the fact that there was no evidence to support these as-

sumptions – especially since many of the truckers included Sikhs and Indigenous people who would not fit his racist category.

Trudeau also contributed to anti-Catholic bigotry in Canada in order to shift the blame to the Catholic Church for the residential schools' problem, ignoring the fact that the federal Indian Affairs Department was responsible for the establishment of the schools, funded them inadequately, and administered them. He also attempted to deflect his own failure to respond to the 94 calls to action requested by the Truth and Reconciliation Report. Trudeau's Minister of Northern Affairs, Dan Vandal, added fuel to the fire by stating that religious leaders who operated the residential school system in Canada should be accountable and charged for the crimes committed.

Such inflammatory language was repeated by Trudeau again, in Quebec City in July 2022 in the presence of the Pope, when he condemned the institutional Catholic Church for the wrongdoings perpetrated at residential schools.

TRUDEAU GOVERNMENT FUNDS HATE

- The Minister of Diversity and Inclusion, Ahmed Hussen, gave \$268,400 to the Canadian Anti-Hate Network (CAHN) to produce a booklet, supposedly to stamp out hate, which was to be distributed to school children across the country. The pamphlet, however, attacked the Conservative Party, as well as all conservative organizations and their values. Mr. Hussen also gave a further identical grant of \$268,400 to the same organization to assist them in setting up its website – an organization that is a source of much hate itself.
- The Department of Canadian Heritage gave a half million dollars over the past few years to another racist organization, called The Community Media Advocacy Centre (CMAC), owned and operated by two individuals, Laith Marouf and his wife. Included in this funding was a \$138,000 grant to cover the cost of operating anti-racism “seminars” across the country. Mr. Marouf has been revealed to have made, on his Twitter account, horrific anti-Semitic statements. He has also referred to Franco-Canadians as “frogs” and referred to a number of black and Indigenous peoples as “house slaves”. Mr. Marouf also stated in his post

on Twitter, that “Jewish White Supremacists” should be given a “bullet to the head”.

These disgusting comments could have been quickly revealed if a cursory review of Marouf's past records had been conducted by the department.

The hopelessly incompetent Minister of Diversity and Inclusion, Ahmed Hussen, when questioned about these shocking grants to the racist organization responded by stating that he had dealt with the problem by asking the organization why it had hired a racist such as Mr. Marouf. Since the organization, consisted solely of the latter and his wife, this was not exactly a decisive action.

TRUDEAU IGNORES HATE AGAINST ORDINARY CANADIANS

Trudeau's concern about hate in Canada seems to be directed towards protecting powerful, elite members of society, such as politicians and journalists, while ignoring ordinary Canadians. Statistics Canada, however, issued a report in August 2022, which revealed that the majority of hate crimes were directed against racial minorities, 23% against religious minorities, 11% against homosexuals and lesbians and 5% against ethnic (cultural) minorities. Further, according to this report, anti-Catholic hatred and bigotry increased 260% between 2020 to 2021. Undoubtedly, this latter staggering increase can be attributed, at least in part, to Trudeau's inflammatory language against the Catholic Church. Further, according to B'nai Brith's data on anti-Semitic instances in Canada, there has been a 50% increase in anti-Semitic activity since 1992. The Statistics Canada report indicates that ordinary Canadian citizens, not just the elites, experience hatred. Why isn't Trudeau concerned about them?

TRUDEAU'S MINDSET

Trudeau seems to believe that he has a moral duty to corral, instruct, and control the unruly Canadian masses as to how they may conduct themselves, what to believe and say. He thinks that he alone should be determining, according to his own impeccable standards, the behaviour of Canadians. He is behaving like a totalitarian, rather than the leader of a free country. †

TRANSGENDERISM IS COLLAPSING

There are signs that transgenderism is collapsing because it has, at last, been properly examined and become the subject of public debate.

The notion that is preposterous is that one can be born the wrong sex, which may be corrected by surgery and hormone injections. Fortunately, some sanity is finally being gradually restored to this concept.

Many have experienced serious harm by way of surgery and cross hormone treatment because of this belief. Medical interventions for gender dysphoria (unhappy with one's sex), do not change the DNA or entire reproductive system, which characteristics determine one's sex. Despite the pretense that the sex has been changed, it has not.

ADOLESCENT VICTIMS

Adolescents are the major victims of transgenderism. They are administered puberty blockers when too young and immature to understand the permanent adverse effects, including permanent sterility, loss of bone density, increased blood clots, premature brain aging, increased risk for heart disease and reduced capacity for sexual pleasure.

The fact is that children captivated by this gender ideology frequently have undetected, underlying conditions, such as autism, depression, anxiety, hyperactivity disorders, a tendency to self-harm, and other such problems. These vulnerable children need emotional affirming care, rather than being provided, often with little or no assessment, gender transition "treatment". For example, the Children's Hospital in London, Ontario has instructed doctors that due to high demand, puberty blockers may be prescribed prior to the child even being seen by a doctor for assessment.

The common argument given to parents, who resist gender transition for their child, is that such medical procedures will prevent their child from committing suicide. There is little evidence, however, to support this claim. Studies relied on, far from offering concrete evidence, are merely "advocacy" studies that promote an unreliable medical intervention. In fact, evidence indicates that the so-called medical treatment increases the suicide rate. For example, there was no variation in youth suicide rates between different U.S. states prior to 2010. However, when clinics began to open across

the U.S. to prescribe puberty blockers and cross-sex hormones after 2010, the youth suicide rate spiked in states which provided ready access to such medical intervention.

The truth is that studies on the suicide rate prove the opposite of what the gender ideologues claim. An extensive study from Sweden, for example, followed hundreds of gender confused persons over the course of 30 years, and found that those who underwent a medical transition were 20 times more likely to commit suicide than those who didn't. The Swedish study is authoritative because of the extended period of time it covered, and the fact that it had extensive follow-up of the subjects. Follow-up is a problem in most transgender studies, but is far less so in a small population such as Sweden.

The reason that so many prestigious academic and medical institutions advocate unreliable medical interventions for gender dysphoria, when there is so little medical evidence to support it, is that they seem to care more about politics and the politically correct narrative behind gender ideology than the actual science. In addition, the drug companies encourage the practice for their own financial gains, as hormone treatments must be repeated over a lifetime.

EUROPEAN COUNTRIES ALARMED

Gender dysphoria medical interventions began in Europe ten years prior to taking hold in the U.S. and Canada.

Because of this added decade of experience with the health situation, authorities in Europe are now expressing alarm over medical and psychological problems occurring among young people who have received "gender affirming" care. For example:

- **France**

The National Academy of Medicine expressed caution because of the undesirable effects and complications of treatments, and stated that transitions should be provided only in exceptional cases.

- **U.K.**

The National Institute for Health, after a study of the UK's Tavistock Gender Clinic (the only one in the country), ordered it closed because

its treatments are “not a safe or viable long term option” for young people and children, and has mandated that patients first be assessed for psychological problems.

- **Finland**

Finland ordered that psychotherapy, rather than hormone puberty blockers, be provided before any other treatment for young people suffering from gender dysphoria.

- **Sweden**

Children under 18 years of age may no longer be the recipients of medical interventions for gender dysphoria and must be provided other treatments and assessments.

FURTHER CONCERNS BY MEDICAL AUTHORITIES

The Royal Australian and New Zealand College of Psychiatrists issued a statement on ethics in treating gender dysphoria, cautioning against facilitating transitioning. The U.S. Food and Drug Administration (FDA) issued a warning against puberty blockers in July 2022 because of severe symptoms experienced by youths.

Even in “progressive” Canada, voices are being raised cautioning against puberty blockers. For example, Dr. Joey Bonifacio, a pediatrician who practices in gender transition at Toronto’s St. Michael’s Hospital, expressed his concerns in the National Post

(August 17, 2022) about the current treatment of transgender patients. He urged physicians to “slow down” in treating them and first thoroughly address any mental health issues that the children requesting transition are experiencing. His concern is based on the significant number of children seeking treatment who are in the autism spectrum.

MAINSTREAM MEDIA

Even some mainstream media are expressing their concerns about transgenderism. The U.K. Economist acknowledged (June 25, 2022) that prescribing puberty blockers, according to growing evidence, may be harmful to children and must be re-examined. The National Post, in an editorial (August 20, 2022), advised caution in applying medical intervention for gender dysphoria in children. It described the current medical treatment offered in gender care as “skiing down a mountain while blindfolded”.

Is it possible that sanity is finally occurring re the lunacy of transgenderism?

A very fine book, which thoroughly analyses these issues is, *Irreversible Damage* by Amy Shrier. Despite the predictable, leftist efforts to censor this book, it has become a best seller.

AN IMPORTANT KNOWN FACT ABOUT TRANSGENDERISM

Studies show that most children who experience gender confusion and do not participate in any medical intervention eventually outgrow the confusion and grow up to embrace their biological sex. This fact cannot be emphasized enough. †

THE EUROPEAN UNION IS HARMING FAMILIES AND LIVES

The European Union (EU) is a powerful and influential voice in world affairs. This is especially noticeable at the UN where the EU, along with U.S. President Biden’s delegation and several other Western countries, including Canada, are imperiously insisting that the world adopt their “progressive” values.

They tirelessly press pro-abortion, homosexual, and gender identity policies at every opportunity.

The EU has taken a leadership role in this advocacy, emboldened by President Biden’s support. The pro-life/pro-family coalition at the UN, however, has courageously and successfully fought off this pressure – until recently.

The EU and other Western countries finally made a significant breakthrough at the UN General Assembly when the unthinkable happened on September 2, 2022. The General Assembly passed a

resolution that included “safe abortions” availability in situations of sexual violence. Never before have abortion rights been included in any UN document. This success was due to the deception and lying of both the EU and the U.S. delegations. They will now use this fateful resolution as a hammer in international law to invoke abortion in all future UN documents.

WHAT IS BEHIND THE EU’S ANTI-LIFE ACTIONS?

The EU consists of 28 countries that cover much of the European continent. It was formed because many believed that it would bring peace and harmony after centuries of disputes and wars.

When the EU was formed, the policies of the countries involved were based on Christian principles which led to the flourishing of these countries. Tragically, the EU abandoned these Christian principles (with the exception of a few of its individual members, such as Poland, Hungary, and Malta) and has replaced them with secular values.

ABANDONMENT OF CHRISTIANITY

This abandonment of Christianity in Europe occurred mainly because of two recent developments:

1. Christianity is regarded by the global progressives as an obstacle to their achieving control over a secular world. Consequently, “progressive”, wealthy organizations such as International Planned Parenthood Federation (IPPF), George Soros’ Open Society, and the Gates Foundation have applied their enormous wealth and influence to target usually Christian-based conservative groups and individuals in Europe, claiming they were harmful to “European values”. As a result, in June 2022, the European Parliament passed a resolution that abortion be accepted as an international human right. The European Parliament also withdrew funding for Hungary, Poland, and Malta when they refused to comply with the homosexual and abortion demands of the EU. Further, the EU has taken Hungary to the European Court of Justice (whose judges have been installed by George Soros) for prohibiting the promotion of LGBT information in its schools. It also has mapped out and stigmatized all European pro-life/family organizations and individuals, in a type of “black list” to serve as a device to exclude them

from European political life due to their being “dangerous for democracy”.

2. Demography is the engine of cultural change, and Christianity in Europe has been overtaken by Islam. This is evidenced by the fact that Christian churches – Protestant and Catholic – are rapidly disappearing and on the verge of collapse, compared to the huge growth in the number of mosques throughout Europe. Simply put, the void being left by the Christian departure is being filled by Islam.

There is a complacency on the part of European political elites to respond because of electoral calculations and because it is part of their progressive ideology. Therefore, they are turning their backs on Europe’s historical Christian culture. Islam is now the most prominent religion in France, Germany, Austria, Spain, and Belgium.

THE FUTURE OF THE EU

There is solid reason to believe that the European Union may collapse in the near future due to the growing economic crisis. This has been caused by an energy crisis, which accelerated with the Russian invasion of the Ukraine, followed by Western sanctions placed against Russia, which, in turn, led Russia to cut off its gas supply to energy-dependent Europe. This created high energy prices leading to European energy intensive manufacturers, such as steel and aluminum, closing down. It is expected that in the coming winter months, electricity in Europe will be rationed and unavailable for several hours each day in order to conserve the decreased supply. Alternative sources of energy are not available because of the short-sighted “green revolution”, which politicians have used to cut off fossil fuel energy sources in Europe. Canada has vast stores of oil and gas, but the Liberal government policies have made them inaccessible to Europe. An economic depression in Europe is expected to bring down the banking system.

The future of the European Union is not hopeful because of these recent developments. Ironically, it is the Islamic countries at the UN that have been the most stalwart in maintaining pro-family and pro-life policies. It is significant, however, that the EU will likely no longer be able to speak as a unified voice, and this is a positive change for life and family values. 🙏

PRESIDENT'S MESSAGE



Dear supporter of REAL Women of Canada:

Welcome to the October 2022 edition of e-REALity and the September-October 2022 edition of our bi-monthly print issue.

If you are a member of REAL Women of Canada, you have probably received by now an appeal letter regarding our Fall 2022 Campaign. Our goal is to raise \$125,000 by December 1, 2022. As outlined in the letter, this amount will be greatly needed for REAL Women to continue our advocacy work throughout 2023. In 2023, we will be marking the 40th Anniversary of our organization. We are respectfully asking you to consider what financial commitment you can make as a gift for our 40th anniversary. For 40 years, we have been the only national women's movement that speaks for women who support the values of traditional family and marriage and the sanctity of all human life from conception to natural death. In our 40 years, we have had only two other fundraising campaigns, in 2014 and in 2019. Being financially and administratively independent of any other organization, we have survived all these years on the generosity of our members and supporters.

Although the appeal letter was sent only to our members, we are reaching out to all our supporters for your generosity in making our Fall 2022 Campaign a success. Donations can be made by cheque, e-transfer, or credit card through our website [Donation](#) page. Cheques should be made out to REAL Women of Canada and mailed to our Head Office in Ottawa. Please indicate in the memo: Fall 2022 Campaign. We thank you so much in advance for your wonderful assistance.

On September 27, 2022, we sent out the [ALERT, Bill C-230, Protection of Freedom of Conscience Act](#). Unfortunately, this Bill was defeated in the House of Commons on October 5, in the Second Reading. On September 29, we sent out the [ALERT, Toronto Right to Life's 50th Anniversary Gala Event](#), encouraging you to attend. The Vice President, co-founder and legal counsel for REAL Women, Gwen Landolt, was the foundress of Toronto Right to Life. On October, 6, we sent out an [ALERT, Trudeau's Scandalous Drug Policies](#), asking you to write to your MP to put a halt to the wasteful drug programs that are harmful and without merit.

We look forward to hearing from you in response to our Fall 2022 Campaign and thank you so much for your on-going support, shown in so many ways.

Warm regards,
Pauline Guzik
Pauline Guzik,
National President ♀



"How dare you!", Brian Gable, *The Globe and Mail*, November 02, 2021

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